Please use these notes in conjunction with my video lesson “Know Your Arpeggios”.

The first thing you need to get comfortable with is the major scale. Below is a diagram of it in the key of C. Try and adopt a '1 finger per fret' approach as I do in the video :-) 

The arpeggios covered in the lesson are:

**C major**
Usually written as: C
Make-up: 1, 3, 5 (from the major scale)

**C minor**
Usually written as: Cm
Make-up: 1, b3, 5

**C major seventh**
Usually written as: Cmaj7 or C△7
Make-up: 1, 3, 5, 7

**C minor seventh**
Usually written as: Cm7
Make-up: 1, b3, 5, b7 (from the major scale)

**C seventh (or dominant seventh)**
Usually written as: C7
Make-up: 1, 3, 5, b7 (from the major scale)

**C minor seventh flattened fifth**
Usually written as: Cm7b5
Make-up: 1, b3, b5, b7 (from the major scale)

**Chords to Californication (Verse & Intro)**

**Intro**: Am  F (4x)

**Verse**: 
Am           F
Psychic spies from China Try to steal your mind's elation
Am           F
Little girls from Sweden Dream of silver screen quotations
           C       G       F       Dm
And if you want these kind of dreams it's Californication